

WHAT WAS THE CRAZIEST THING YOU HAVE DONE FOR LOVE?



ANUSHA WIJEYAKUMAR
Life coach and founder of Shanti Within

Tune in to the wisdom of my soul and really listen to my inner voice of intuition. It was only when I silenced the noise around me that I realized that my life needed to go down a completely different path from the one it was on. It was this path that led me to my husband and soul mate.

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PHOTO: RUTH WHITEHAWK GONZALES



CLAIRE COTTON
Yoga instructor

This past Christmas, my love life was not where I wanted it to be due to a rough breakup. With the holidays looming, I decided to buy a cheap cell phone for a stranger that worked nearby my building. Receiving the phone not only boosted his spirits but mine as well. It's amazing what a little karma yoga can do!

CLAIRECOTTONYOGA.COM
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RAQUEL BUENO
Yoga teacher and owner of Liberation Yoga Nashville

Got married and divorced! Stayed too long, left too soon. Quit my job, moved to an island, moved to Nashville, lived in a storefront in the hood in L.A. with an artist, fell in love in a day, in a week, in a month. Opened a yoga studio! Love has been my biggest teacher and my partner in crime!

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SARAH LESCH
Tampa, Fla.

Agreeing to get scuba-certified with my husband seems crazy to me! Being submerged underwater raises every irrational fear I have about what lurks below. But when I saw how important it was to him, I decided to expand my horizons, let go of fears, and trust. Bring on the adventure!

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